

	3rd	4th	5th	6th	7th	8th	HS
Ball Size - Boys	28.5"	28.5"	28.5"	28.5"	29.5"	29.5"	29.5"
Ball Size - Girls	27.5"	28.5"	28.5"	28.5"	28.5"	28.5"	28.5"
Hoop Height	9'	9'	10'	10'	10'	10'	10'
Time Outs	One 1-minute per half	One 1-minute per half	Two 1-minute, two 30-second per game	Two 1-minute, two 30-second per game	Two 1-minute, two 30-second per game	Two 1-minute, two 30-second per game	Two 1-minute, two 30-second per game
Substitutions	At mid-quarter, quarter-end, TO, when injured, or fouls out	At mid-quarter, quarter-end, TO, when injured, or fouls out	Any dead ball	Any dead ball	Any dead ball	Any dead ball	Any dead ball
Game Length	10-Minute Running Quarters. Stops for Tos, FTs, and last 2 minutes of games within 10 point spread	10-Minute Running Quarters. Stops for Tos, FTs, and last 2 minutes of games within 10 point spread	10-Minute Running Quarters. Stops for Tos, FTs, and last 2 minutes of games within 10 point spread	10-Minute Running Quarters. Stops for Tos, FTs, and last 2 minutes of games within 10 point spread	10-Minute Running Quarters. Stops for Tos, FTs, and last 2 minutes of games within 10 point spread	10-Minute Running Quarters. Stops for Tos, FTs, and last 2 minutes of games within 10 point spread	20 minute running clock halves (stop clock for last 2 minutes of 2nd half if score within 10)
Overtime	No OT	One 2-minute OT only. No timeouts	One 2-minute OT only. No timeouts	One 2-minute OT only. No timeouts	One 2-minute OT only. No timeouts	One 2-minute OT only. No timeouts	
Scoring	Scoreboard & scorebook for points & fouls	Scoreboard & scorebook for points & fouls	Scoreboard & scorebook for points & fouls	Scoreboard & scorebook for points & fouls	Scoreboard & scorebook for points & fouls	Scoreboard & scorebook for points & fouls	Scoreboard & scorebook for points & fouls
Backcourt	None	None	Anytime within a 15 point spread	Any time as long as you are not up by 15 pts or more	Any time as long as you are not up by 15 pts or more	Any time as long as you are not up by 15 pts or more	Any time as long as you are not up by 20 pts or more
Defense / Offense	No zone; no double teams, except in the key; no extreme isolation offense	No zone; no double teams, except in the key; no extreme isolation offense	No zone; no extreme isolation offense	Coach's Discretion	Coach's Discretion	Coach's Discretion	Coach's Discretion
Parent Help	Home = scoreboard; visiting = scorebook	Home = scoreboard; visiting = scorebook	Home = scoreboard; visiting = scorebook	Home = scoreboard; visiting = scorebook	Home = scoreboard; visiting = scorebook	Home = scoreboard; visiting = scorebook	Home = scoreboard; visiting = scorebook
In the Key	5 seconds allowed	5 seconds allowed	3 seconds allowed	3 seconds allowed	3 seconds allowed	3 seconds allowed	3 seconds allowed
Closely Guarded	No 5 second rule	No 5 second rule	5 second rule applied	5 second rule applied	5 second rule applied	5 second rule applied	5 second rule applied
Free Throws	About 3' in front of the line; rebound once hits the rim.	About 2' in front of the line; rebound once hits the rim.	Normal distance; rebound once leaves shooters hand	Normal distance; rebound once leaves shooters hand	Normal distance; rebound once leaves shooters hand	Normal distance; rebound once leaves shooters hand	Normal distance; rebound once leaves shooters hand