



**Tigard Basketball Association (TBA)
Tualatin Youth Basketball Association (TYBA)
Sherwood Basketball Organization (SBO)**

**2009 – 2010 Season
Interlock Game Rules and Regulations
Grades 9 thru 12**

General Rules

- **All officials will operate under the current rules of the National Federation of High School Associations with the following modifications and exceptions. Any situation not covered under the written rules will be decided by the game officials. Their decision is final.**
- Absolutely no jewelry of any kind is allowed. This includes Livestrong and friendship bracelets. The only exception being medical alert ID's.
- Metal or hard plastic hairclips are prohibited.
- No hard casts are allowed.
- Absolutely no food or drinks are allowed in any gym per school district rules (except individual plastic water bottles).
- Flash photography is prohibited during play.
- Shirts must remain tucked in during play and shorts pulled up. Shorts with pockets will be allowed.
- Players must wear their official team jersey for all games. If an undershirt is worn, players are encouraged to wear white under a white jersey and a the same colored undershirt under any non-white jersey.
- **If at any time during the game a team has a lead of 20 or more points, that team is not allowed to backcourt guard. This is regulated by the sportsmanship of coaches.**
- Boys teams will use a regulation sized ball (29.5").
- Girls teams will use an intermediate sized ball (28.5").
- **Timeouts may be granted to players on the court or the head coach as per NFHSA rules.**

General Rules (continued)

- If games are running long, the officials may alter the timing regulations of the games as needed to stay on schedule.
- **No designated coaching box is recognized at any grade level. Coaches must remain seated during play except to visit the scorekeepers table to ask a relevant question, momentary standing to cheer a play, or to congratulate a player while coming out of the game.**
- **Coaches may come onto the playing court only after being beckoned by an official (as to attend an injured player).**
- **Profanity will not be tolerated. Players or coaches using profanity will receive a technical foul. Egregious conduct will result in a flagrant technical foul (which includes ejection from the game), at the discretion of the referees. Parents and/or spectators may also be ejected at any time.**
- **Any player yelling at an opponent may be considered unacceptable conduct by the referees. The first offense shall result in a team warning. The ball will be awarded to the non-offending team for a spot throw in. A second offense will be considered unsportsmanlike conduct resulting in a team technical foul.**

Game Timing

Tualatin Home Court Games

- These games will be played in two 20 minute running clock halves with a 3 minute halftime.
- The timing will go to stop clock in last two minutes of the second half if the score is within 10 points.
- Each team may be granted a total of three 60 second and two 30 second timeouts per regulation game.

Tigard and Sherwood Home Court Games

- These games will be played in 7 minute stop clock quarters, a 3 minute halftime, and 1 minute between quarters.
- Each team may be granted a total of three 60 second and two 30 second timeouts per regulation game.

All OVERTIMES:

If any game is tied at the end of regulation play, a single 2 minute stop-clock period shall be played, **time permitting**. Unused timeouts do not carry over into the overtime. Each team shall receive one 30 second timeout for use in overtime. If the game is still tied at the end of one overtime, the game shall be declared a tie.

TBA, TYBA, and SBO encourage coaches, parents and referees to all work together to demonstrate to our children the best in sportsmanship, cooperation and respect. We invite your comments.

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